Your Personal Style

By Nancy Plummer

Bloomsbury Publishing PLC, United Kingdom, 2009. Paperback. Book Condition: New. 178 x 178 mm. Language: English. Brand New Book. Your Personal Style is an image management guide that will help readers match their personalities to their outward expression of clothing. Unlike other image management books that begin by dictating general rules about body type and coloring, this book will use personality and lifestyle assessment as a point of departure for guiding readers towards establishing a style that is truly their own. The author uses an active learning approach that allows readers to learn first-hand what a fashion consultant does as well as gain an intimate knowledge of how the design and fashion merchandising industry best suits its client. Students in wardrobe planning courses will be able to obtain a basic understanding of their own fashion sense by following the guidelines outlined in this book. Fashion entrepreneurs can immediately apply this book’s exercises to their own business. Image professionals constantly seeking to expand their knowledge in wardrobe planning can utilize their talents in conjunction with any or all of the material found within these pages. Your Personal Style is packed with fashion tips and will serve as a handy...

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1. The Foundation of your Personal Style – Your Physical Characteristics. Finally, the most important factors in determining your personal style are your wants and desires. How do you want to appear to others? Creative, intelligent, a team player, authoritative – all of these are possible. Consciously developing your personal style makes you feel good about yourself and helps you achieve your life goals. Find out how... Developing Your Personal Style. When you've mastered the style basics of Great grooming. Finding your personal style can block out the noise of the fast-paced industry and help you to feel at home in your clothes. Here are four steps to help you define your style, love your wardrobe, and move forward with your fashion choices more confidently!

The last step in cultivating your personal style is to get creative. After finding what is right for you, and makes you feel special, there's room for experimentation. Discovering your personal style doesn't mean that your wardrobe is now frozen in time and can never change! Finding your personal style isn't something you can do overnight. But there are strategies you can use to learn more about the clothing that works for you. Look to your own closet. Think about the clothes you have that make you happy. What are your favorite items in your closet? Pull these pieces out and think about why they make you feel good. Notice what they have in common. A person's personal style is roughly equivalent to his or her fashion sense. Some people are highly conscious of their style, which may be detailed and planned out, including certain brands, patterns, and designers. MuffinMaker- Absolutely. I definitely think that where you are from affects your personal style. Some who is from New York City is more likely to be more trendy and fashion forward that someone who is from a small town in South Dakota.