



Milk: A Silent Killer

By N. K. Sharma

Hind Pocket Books, New Delhi, 2013. Soft cover. Book Condition: New. Your child drinks milk glass after glass, and you wonder why he is always ill, the doctors will never tell you but this book will. Dairy consumption leads to diseases such as mumps, colds, pneumonia, bronchitis, heart attacks, renal stones, arthritis, tumors and even cancer. This book dispels some of the basic milk-related myths prevalent since centuries. Break the biggest myth surrounding human health. Reclaim your power. And gift yourself and your family perfect health. The book was first published in 1987 as a voice in the wilderness proclaiming a message the world was not ready to receive yet. Now republished 25 years later, when veganism is a widely accepted philosophy, this book is here to be a revelation for all those who wish to heal themselves and lead a disease free life. Page Extent: 240.



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milk a silent killer? recently i visited www.notmilk.com. earlier i used to consume milk freely, but this site has confused me. is consumption of animal milk poisonous? is it unnatural to consume animal milk as in nature no other species consume milk of any other species? is it true that only the milk of his or her mother is meant for human babies? is it true that when baby grows teeth for chewing, there is no need of milk for him as now he can consume solid food and now he can survive without milk which is a readymade food? Answer. Save.

Milk - A Silent Killer, has been translated into several foreign languages. He has also authored the book, Mahatma Ragi Kyon (Why Saints Fall Sick) in Hindi. Dr Sharma is also a poet, writer, singer, editor, and teacher. I admire his conviction and strength to not only title his book, Milk, A Silent Killer in a culture where we worship milk, but also his sense of humour. Nature! What is our understanding? Milk silent killer.pdf - Free download as PDF File (.pdf), Text File (.txt) or view presentation slides online. Documents Similar To Milk silent killer.pdf. Carousel Previous Carousel Next. Quiz on Fragments and Run-ons. Uploaded by. andy_fojas. CF285 - Copy (3). Uploaded by. Start by marking "Milk: A Silent Killer" as Want to Read: Want to Read saving | Want to Read. Preview "Milk by Nand Kishare Sharma. Milk: A Silent Killer. by. Nand Kishare Sharma. MILK a Silent Killer. Highly rapid growth COW AND HUMAN-VAST GROWTH DIFFERENCES Born 90 Pounds Growth in 2 Years 2000 Pounds Maturation period 2 Years. Very Slow Growth COW AND HUMAN-VAST GROWTH DIFFERENCES Born 6 Pounds Growth in 20 Years 150 Pounds MATURATION PERIOD 20 YEARS. The gradual reduction of protein in mothers milk Though the nature reduces milk protein Drop in Mother Milk 2% 1.2% 1% 1 Week 3 Months 6 Months After 2 Years 0.8%. Big Brain Small Physique Small Brain Cows Milk Growth Differences Animal milk not for human brain Big Physique Animal Milk Excellent for Small Brain and Big Physique. What a Great Progress ? Born by Humans Nourished by Animals.