N.E.H. Institute:

Literatures, Religions, and Arts of the Himalayan Region

Schedule of Lectures, Workshops, and Readings

Institute Schedule:
9:00-12:00 Morning Session
12-1:00 Lunch Break
1:00-4:00 Afternoon Session
4:30-9:00 Web Page Consultations (some days)

All Sessions in Room 404 of the Hogan Campus Center, unless otherwise noted

Institute Books:
Melvyn Goldstein, The Snow Lion and the Dragon (Berkeley: University of California Press, 1997).

Institute Reader [on the Institute MOODLE Site]
WEEK 1 of the Institute, July 5th—10th

Sunday
July 5th

Afternoon check-in for participants

Monday
6th

Morning Program: Profs. Lewis and Van der Kuijp
Practical Orientation and Overview of the Curriculum
Orientalism and the Study of Asia, Asian Religions, and the Himalayas
Geology and the Physical Geography of the Regions; Frontier Zone Theory

Required Readings:
Zurick, Illustrated Atlas of the Himalaya, 1-66
Lewis and Riccardi, The Himalayas: A Syllabus ..., 5-40, Part II

Further Reading:
Martin Brauen, Dreamworld Tibet: Western Illusions (Weatherhill, 2004).
Peter Bishop, The Myth of Shangri-La (Berkeley: Univ. of California Press, 1989)

Afternoon Program: Expert Presentation, Profs. Lewis and Van der Kuijp
Central Place & Trade Theory; Culture Regions: Kashmir, Nepal, Tibet

Required Readings:
Lewis and Riccardi, The Himalayas: A Syllabus ..., Part III

Evening

Welcoming New England Clambake Dinner
5-7 PM
Hosted by Holy Cross President and Dean, North Side of Hogan Center

Tuesday
7th

Morning Program: Expert Presentation, Prof. Van der Kuijp
Languages and Writing Systems of the Himalayan Region

Required Readings:
Lewis and Riccardi, The Himalayas: A Syllabus ..., Part III

Afternoon Program
Curriculum Workshops with Dorothy Verheyan/Maureen Stephens:
“Institute Teacher Implementation Plans”; “Geography of the Himalayan Region”

Wednesday
8th

Morning Program: Expert Presentation, Prof. Lewis
Hinduism: Overview of Core Doctrines and Practices

Required Reading:
Lewis and Riccardi, The Himalayas: A Syllabus..., 41-43

Further Readings:
Diana Eck, Darshan: Seeing the Divine in India, 2nd ed.

Afternoon Program
1-2 PM: Library Orientation
2-4 PM: Films on Hinduism with Discussion
“Village of the Himalayas: Pilgrimage to Deoprayag”; “Wages of Action”
Thursday 9th

Morning Program: Expert Instruction, Mary Morrisard-Larkin
Scalia Lab, 2nd Floor Dinand Library
Plenary Web Page Creation and Design Workshop

Afternoon Program: Expert Presentation, Prof. Lewis
Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices
Required Readings:

Evening Program: Brooks Concert Hall, 7-8:30 PM
Concert: “Himalayan Rhapsodies”

Friday 10th

Morning Program:

Free Time

Afternoon Program 1-3 PM Paula Newburg, University of Texas
Political Developments in the NW Himalayas: Pakistan and Afghanistan
Required Readings:

Afternoon Program 3:15-5 Prof. Nirmal Tuladhar, Social Science Bahal, Kathmandu
Kites and Kite Flying in the Himalayas
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| **Monday** | 13th  | **Morning:** Expert Presentation, Prof. Michael Witzel, Harvard University  
Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE  
Required Readings:  
Lewis and Riccardi, *The Himalayas: A Syllabus…*, 49-92  
Excerpts from the *Rajatarangini* of Kalhana and the *Gopalarajavamshavali*  

**Afternoon Program:** Expert Presentation, Prof. van der Kuijp  
Ancient Tibet: Cultural and Political History up to 1100 CE; Bön  
Required Readings:  
Matthew Kapstein, *The Tibetans*, 27-83 |
| **Tuesday** | 14th  | **Morning Program:** Expert Presentation, Prof. Lewis  
Buddhist Literature: Story Narratives[a]  
Mahayana Buddhism and its Himalayan Traditions[b]  
Required Readings:  
Excerpts from the *Jatakas*, in *Translations from Nepal and Tibet*  
Mark Blum, “Mahayana Buddhism” *Buddhism: The Illustrated Guide* 221-235.  
Further Readings:  

**Afternoon Program:** Expert Presentation: Prof. Van der Kuijp  
Medieval Tibet: History up to 1600 CE; Bön Tradition  
Required Reading:  
Matthew Kapstein, *The Tibetans*, 84-139  
Further Readings:  
| **Wednesday** | 15th  | **Morning Program:** Expert Presentation: Prof. Van der Kuijp  
The History of Tibet through the Early Modern Period  
Required Readings:  
Melvyn Goldstein, *The Snow Lion and the Dragon*  
______, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering*  
Matthew Kapstein, *The Tibetans*, 155-174; 269-300  
Further Readings:  
Afternoon Program [1-2:30]  Expert Presentation, Prof. Lewis

State Formation in the Himalayas; Colonialism

Required Readings:

Further Readings:

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross

Indian Feature Film: "Lagaan"

Thursday 16th

Morning Program:  Expert Presentation, Prof. Jinah Kim, Harvard University

Buddhist Art; Art of Gandhara and Afghanistan

Required Readings:

Afternoon Program:  Discussion with Prof. Lewis and Prof. van der Kuijp

2-4 PM: Worcester Art Museum

Friday 17th

Morning Program:  Expert Presentation, Prof. Kurtis Schaeffer, University of Virginia

Tibetan Buddhist Literatures

Required Readings:
Matthew Kapstein, *The Tibetans*,

Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University

Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet

Required Readings:

Further Readings:
### WEEK 3 of the Institute, July 20th—July 24th

**Monday, 20th**

#### Excursion to the Rubin Museum for Tibetan Art and Karmapa Monastery

Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 6:45 AM; return by 9 PM

*Popular Tibetan and Nepali Movies to be shown on the road trip*

**Tuesday, 21st**

**Morning:**

**Expert Presentation, Prof. Caner Dagli**

**Islam Overview I: Muhammad, Core Beliefs, Five Pillars**

**Required Reading:**


**Afternoon Program:**

**Lauran Hartley, Columbia University**

**Modern Tibetan Literature in Translation**

**Required Readings:**

- Selections from *Song of the Snow Lion*
- Steven Venturo, “Where is Tibet in World Literature” *World Literature Today*

**Further Reading**


**Wednesday, 22nd**

**Morning Program:**

**Expert Presentation, Prof. Charles Ramble Oxford University**

**Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples**

**Required Readings:**


**Further Readings:**


**Afternoon Program:**

**Expert Presentation, Dr. Anne de Sales, Centre National de la Recherché Scientifique**

**Shamanism in the Himalayas**

**Required Readings:**


**Further Readings:**

Thursday 23rd

Morning Program: Expert Presentation, Prof. Lewis
Buddhism and Hinduism in the Kathmandu Valley
Required Readings:
Todd Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals* ...

Afternoon Program: Expert Presentation, Naomi Bishop, Univ. of California
Buddhism among Tibeto-Burman Peoples
Video: "Himalayan Herders"
Required Readings:

Friday 24th

Morning Program: Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing
Core Readings:
Matthew Kapstein, *The Tibetans*, 244-268

Afternoon Program: Expert Presentation, Naresh Bajracarya, Tribhuvan Univ.
Newar Buddhist Mahayana Ritualism and the Mandala
Required Reading:
Naresh Bajracarya, “The Guru-mandala-Arcana”

5-7 PM Early Evening Program, Campus Green: Newar Feast
Workshop: A Newar Buddhist Feast and Making Nepalese Feast Foods
**WEEK 4 of the Institute, July 27th—July 31st**

**Monday, July 27th**

**Morning Program:** Expert Presentation, Manjushree Thapa, Kathmandu  
**Nepali Literature: Its Emergence in the Modern Era**  
Required Reading:  

**Afternoon Program:** Expert Presentation: Prof. Dagli  
**Islam II: Ritual Practices and Muslim Traditions of South Asia**  
Required Reading:  

**Tuesday, July 28th**

**Morning Program:** Expert Presentation: Peter Burleigh, Carter Center  
**Nepal and the Indian Himalayas in Transition**  
Required Readings:  
- Both are available at: www.icg.org  
- “Nepal: from People Power to Peace?” (Asia Report # 115, 10 May 2006)

**Afternoon Program**  
**Free Time**

**Wednesday, July 29th**

**Morning:** Expert Presentation Prof. David Smith, University of Minnesota  
**Contemporary Human Ecology: Tigers and Humans**  
Required Readings:  

**Afternoon Program I:** Expert Presentation by Dr. Narayan Kaji Shrestha  
**Community Forestry, Women’s Empowerment, Contemporary Movements**  
Required Readings:  
- Kaji Shrestha, “Community Forestry in Crisis: Where do we go from here?”

**Thursday, July 30th**

**Morning I:** [9-10:30] Expert Presentation: Mat Schmaltz, Holy Cross  
**Christian Missionaries in Asia and the Himalayas**  
Required Readings:  

**Morning II:** [10:45-12:15] Expert Presentation: Keiko Yamanaka, Univ. of California-Berkeley  
**A Dalit Sadhu in the Garhwal Himalayas**  

**Afternoon Program**  
**Free Time**

6-8 PM Evening Program: Farewell Dinner  
**Workshop on Making Tibetan Foods in Hogan Kitchen, 3rd Floor**
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<td><strong>Presentations of Teacher Implementation Plans</strong></td>
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<td><strong>Check-out from Campus Apartments</strong></td>
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For over twenty years, the directors have participated in outreach programs to enhance the general public’s understanding of Asia, most often in middle and high school teacher continuing education workshops across New England. In 2001 when we first proposed this Institute and its treatment of the Himalayan region’s cultures, religions, and peoples, we were aware that some might regard this subject as too esoteric for school teachers. Writers and artists have represented aspects of Buddhist narratives, beliefs, practices, traditions, figures, and understandings through copious manners and perspectives. Below, you will find only a portion of these representations, originating from only several places of the “Buddhist world”; several of these texts have been widely known, recited, and read, holding great historical and cultural significance to those who have experienced...